

Costs & Booking your place on the Workshop

To reserve a place at the workshop complete the form overleaf and submit with your booking deposit or full payment. Full workshop cost is €349.00 for practitioners €300.00 for students. Booking Deposit €80.00 (non-refundable).

LocationMap: <http://www.camdencourthotel.com/html/location.aspx>

Registration 9.00 a.m. on Sat. Sept. 30th. 2006

Workshop both days from 9.30am to 5.00 p.m.

Booking Form for Jeremy Ross

(Please complete fully)

Name _____

Address _____

Phone No _____

Email _____

Professional Association _____

Student-School/College _____

I wish to enroll for the workshop and I enclose ;

Booking Deposit (non-refundable) €80.00 €359.00 €300.00 (students)

Please tick appropriate box

Signed _____

Send with completed booking form to:

**Jeremy Ross Workshop,
Institute of East West Medical Sciences
2 Craigmole Lane, Blackrock, Co Dublin.
Phone: 087 8178561**

Email: info@eastwestmedicalsciences.com

Confirmation will be sent to you by email.

Please make your cheque payable to "Institute of East West Medical Sciences"

Receipts will be issued at the Workshop

Web: eastwestmedicalsciences.com

Combining Western Herbs & Chinese Medicine

with

Jeremy Ross



A Two Day Intensive Workshop for Herbalists, Acupuncturists & Naturopaths

(Numbers limited)

30th Sept. & 1st Oct 2006

The Camden Court Hotel, Camden St., Dublin 2

Day 1: Herb tasting to Treat Disease

Day 2: Treating Side effects of Drugs

Jeremy Ross is at the forefront of the development of a new integrated system that incorporates concepts from the western herbal tradition, Chinese medicine, and modern pharmacological and clinical research.



*Institute of East West
Medical Sciences*

The Teacher

Jeremy Ross has practiced acupuncture and herbal medicine, in both England and USA, since 1977. He teaches in both Europe and North America, sharing both his great theoretical knowledge and his long practical experience.

Originally trained as a biologist he specialized in plant physiology and biochemistry. A member of the National Institute of Medical Herbalists he is a graduate of both the Chinese and Western systems of herbal medicine and for 15 years, has specialized in developing a new integrated system of herb combination that brings together concepts from Western herbal traditions, Chinese medicine, and phytopharmacology

He has authored a number of seminal texts including *Zang Fu: The Organ Systems of Chinese Medicine*, 1986, *Acupuncture Point Combinations: The Key to Clinical Success*, 1995 and more recently *Combining Western Herbs and Chinese Medicine* 2003, a work of one thousand pages and 150 herb combinations.

Day 1: Herb Tasting to Treat Disease

This workshop presents a new expanded concept of the taste properties of herbs to treat the new patterns of disease in modern society.

By tasting the herbs the practitioner can learn about the nature and energetics of the herb by direct experience.

This system gives the practitioner a broader and deeper understanding of how to use the taste properties:

bitter • sour • sweet • acrid • aromatic

The system integrates concepts from three paradigms:

- *Chinese medicine
- *Western herbal tradition
- *Phytopharmacology

Workshop Content

1. The functions of the five tastes, their associated western disorders and equivalent Chinese syndromes will be examined.
2. For each 'Western' disorder a specific herb is chosen, allocated and examined.

3. Each participant will taste 20 of these herbs during the workshop.
4. A Scoring scale of 0-3 will be used for the 5 tastes.
5. Potential functions, and which function manifests, depend on the state of the patient. Each function of the taste can treat a modern disease.
6. The temperature effect of the Herb (Warming, Cooling) and Direction of energy (up, down, in, out) including effects on body energy are recorded.
7. Learn how to Balance the taste properties of the different herbs in a formula.
8. Discussion on the Western diseases that can be treated by each function.

Day 2: Treating the Side-effects of Medical Drugs

Side effects from conventional medication are now one of the commonest causes of illness in modern society. One of the future developing applications of Western Herbal Medicine lies in the treatment of side effects of conventional medications.

Western herbs can be used to:

- replace conventional drugs as the therapy of choice
- Help reduce dosage of conventional drugs.
- Help reduce side-effects of higher drug dosages
- Repair the effects of prolonged use of specific conventional drugs
- Treat moderate liver damage arising from multi-medication

Workshop Content

1. The workshop will look at the side-effects of some commonly used conventional drugs.
2. These will be classified into Chinese syndrome groups.
3. Western herb combinations will be given to treat these drug side-effects in terms of Chinese medicine.
4. Practitioners can immediately use these combinations in clinical practice.

Also many herb-drug interactions are positive. That is, the herb can increase the benefits of the drug or reduce its side effects. Practitioners learn how to maximize these positive effects.

Participants will also be informed of known potentially harmful herb-drug interactions for the herbs mentioned during this workshop.



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