

Booking Form for Stephen Birch
(Please complete fully)

Name _____

Address _____

Phone No _____

Email _____

Professional Association

Student-School/College

I wish to enroll for the workshop and I enclose: Please tick appropriate box

Deposit (non-refundable) €70.00

Full payment €329.00 €279.00 (students)

Signed _____

Send with completed booking form to:
**Paediatric Acupuncture Workshop, 2 Craigmole Lane, Blackrock,
Co Dublin, Phone: 012092961**
Email: info@eastwestmedicalsciences.com
Web: eastwestmedicalsciences.com

Confirmation will be sent to you by email.
**Please make your cheque payable to
"Institute of East West Medical Sciences"**

Receipts will be issued at the Workshop

PAIN FREE ACUPUNCTURE
FOR
CHILDREN
with
Stephen Birch PhD.



A Two Day Workshop
For Acupuncturists & Naturopaths

1st & 2nd September 2007

The Camden Court Hotel, Camden St., Dublin 2

**Generally children do not like being needled.
Recognising this fact Paediatric Acupuncture Therapy has developed
specialised treatment techniques many of which are non-invasive and
thus not uncomfortable or frightening to the child.
In this hands-on interactive workshop Dr Birch will look at the
application of clinical techniques, whilst working directly with
patients.**



*Institute of East West
Medical Sciences*

Paediatric Acupuncture

This workshop presents a novel way of using the best aspects of traditional Chinese and Japanese medicine techniques to treat the patterns of disease in modern society that afflict its youngest members. These manifest as earache, headache, fevers, allergies and asthma; digestive problems in newborns including colic, diarrhoea, and abdominal pain, musculoskeletal pain and trauma, nightmares and sleep problems, and bedwetting. Combined with diet these techniques can also be used to treat ADD and ADHD.

With the specialised treatment techniques, many of which are non-invasive, specialised instruments have been developed. The standard filiform acupuncture needle, the Hao Zhen, is only one of nine historical metal needles described in the Ling Shu chapters of the Huang Di Nei Jing (c.-200 b.c.e). Typically these non-standard needles (with blunt or rounded points) are not inserted, but instead may be either held close to the acupuncture point, or brushed gently along the acupuncture pathways over the body using Pressing, Rolling, and Tapping techniques. This makes it a very gentle and relaxing experience for the child and for the parent.

The workshop will be taught in a hands on approach to facilitate learning the basic system.

Day 1	Saturday, 1/9/07: (9.00 - 17.30)
9.00	Introduction to Paediatric Acupuncture (shonishin) Overview of the history and development of shonishin Theoretical basis of Paediatric Acupuncture Overview of the modern utilization of shonishin Overview paediatric treatments: physiology and sensitivities Diagnostic methods and Assessments for younger children Treatment demonstrations
10.45 - 11.00	Tea/coffee break Pattern based root treatments for older children Japanese approaches: IP cord, Meridian Therapy treatments. The treatment tools Practice using basic tools
12.45 - 14.15	Lunch Contraindications and precautions in the treatment of children, Developing strategies for treating children, Whole body non-pattern based root treatment - tools and methods, Home therapy - Instructing parents Practice techniques
15.30 - 15.45	Tea/coffee break Cases and Treatment demonstrations

Day 2	Sunday, 2/9/07: (9.00 - 15.30)
9.00	Treatment demonstrations
10.00 - 10.15	Tea break Demonstrations: Adjusting acupuncture treatment techniques for children: needling, moxa, press-spheres, intra-dermal needles, press-tack needles, cupping, bloodletting, Manaka's wooden hammer and needle
12.15 - 13.30	Lunch Treatment of specific disorders Questions and answers

Costs & Booking your place for the Workshop

To reserve a place at the workshop complete the form overleaf and submit with your deposit or full payment.

The full cost of the Workshop is	€329.00 for practitioners
	€279.00 for students.
Booking Deposit	€70.00 (non-refundable).

The Venue: Camden Court Hotel, Camden St., Dublin 2.

LocationMap:
<http://www.camdencourthotel.com/html/location.aspx>

Registration 8.30 a.m. on Sat. September 1st 2007

Qualifies for CPD points

